CESSNOCK LOCAL
GOVERNMENT AREA

# SENIORS FESTIVAL 2025

3-16 March





Councillor Daniel Watton Cessnock City Mayor

# 2025

### MAYOR'S MESSAGE

It's with great excitement that I welcome you to the 2025 Seniors Festival in the Cessnock Local Government Area. This wonderful celebration is an opportunity to honour our seniors and showcase the vibrancy of our community, through over 50 diverse events hosted by more than 20 local organisations and services.

This year's theme, Time to Shine, is particularly fitting as it invites our seniors to embrace their unique contributions, talents, and stories. The festival's program is rich with opportunities to connect and engage — through arts, music, heritage, Aboriginal culture, health initiatives, lifelong learning, and other special interest activities.

The success of this Festival is a testament to the strong partnerships between Council and the many organisations that help bring this event to life. From providing venues and facilities, to promotion and volunteering, their collaboration

reflects the generosity and spirit of our community.

I would like to extend my thanks to our local sponsors, especially our gold sponsors: Calvary Retirement Community, Campbell Lifestyle Estate by Lincoln Place, Creightons Funeral Service, Green Ridge Hunter Valley, KFC, Kirkton Park Hunter Valley, Northern Coalfields Community Care Association and Priceline Cessnock. Your support ensures that the festival continues to expand and thrive each year.

The Senior's Festival is a fantastic chance to reconnect, make new memories, and celebrate the wonderful community we share. I look forward to joining you at this year's festivities!

Cessnock City Mayor Councillor Daniel Watton



Delma Whyte 2024 Cessnock Senior Citizen of the Year

## AMBASSADOR'S MESSAGE

Hi all,

Welcome to our Seniors Festival 2025.

Our Senior Citizens play an integral part in our great city. They provide volunteer services, nurture future generations, give countless hours of time, are the staple of our local economy and bring their experience of their past.

Seniors Festival engages an opportunity for them to social network, join many organised activities, and is recognition of their vital community role. So come and join us from 3 - 16 March 2025, at the 'Cessnock Local Government Area Seniors Festival'. It will be worth the visit.

Kind regards and many thanks, for the honour bestowed upon me as your Senior Citizen of the Year in 2024, and as the Seniors Festival Ambassador in 2025.

#### ACKNOWLEDGEMENT OF COUNTRY

Cessnock City Council acknowledges that within its Local Government Area boundaries are the Traditional Lands of the Wonnarua people, the Awabakal people and the Darkinjung people.

We acknowledge these Aboriginal peoples as the Traditional Custodians of the land on which our offices and operations are located, and pay our respects to Elders past, present and future.

We also acknowledge all other Aboriginal and Torres Strait Islander people who now live within the Cessnock Local Government Area.



Research from around the world shows that you can improve your wellbeing and happiness by doing five simple things as part of your day: connect, be active, take notice, keep learning and give.

Doing these five actions can help you cope better with stress and to live longer, happier and healthier, in ways that are good for you and others! So regardless of how well, young or old you are, everyone can benefit from

giving the 5 Ways to Wellbeing a try. It can cost nothing and is easier than you think!

It was important for us to provide opportunities to inspire you to use this framework. hence next to every event in this program, you will see how it can help you improve your wellbeing and happiness.



This symbol indicates the event venue has access measures for people with disability. Please contact the event host for more information.

For specific requirements, contact Council on 4993 4100. For general information, visit the Access and Inclusion page on Council's website at www.cessnock.nsw.gov.au/access.



This symbol indicates an event is free to attend.



This symbol indicates you must contact the event host to register vour attendance.

PLEASE NOTE: Every effort has been made to ensure the details in this program are correct at the time of printing.





#### Connect

Connecting with people; participation in the community



#### **Be Active**

Engage in physical activity; be active in making positive health decisions



#### **Take Notice**

Take time to be mindful of surroundings; listen and support people



#### **Keeping Learning**

Be a learner; gain knowledge; be inquisitive; learn new ways of doing things



#### Give

Volunteering within the community



### NCCCA **Lower Hunter Transport Services**

### Looking for transport to a Seniors Festival event?

**FREE** door to door transport service to access festival events around Cessnock LGA.

The service will operate Monday to Friday between 8am and 4pm.

For more information phone Chloe Harris 4019 9720 or email chloe.harris@nccca.com.au







# 2025 AT A GLANCE

ART + CULTURE	
Throughout the Festival	Seniors Portraiture Photography Exhibition
Throughout the Festival	Marthaville Arts & Cultural Centre
Monday 3 March	Seniors Portraiture Exhibition Opening
Tuesday 4 March	Cessnock City Singers 'Singing for Pleasure'
Friday 7 March	Arts and Crafts Displays
Saturday 8 March	Felt Art with Julija
Saturday 8 March	Wollombi Cultural Centre
Sunday 9 March	Wollombi Cultural Centre
Monday 10 March	Open Day at Marthaville
Monday 10 March	Free Arts Lecture by ArtsNational Hunter
Tuesday 11 March	Wine Country Seniors Festival Concert
Tuesday 11 March	Fat Elvis
Thursday 13 March	The Bash
Saturday 15 March	Felt Art with Julija
Saturday 15 March	Wollombi Cultural Centre

#### **HEALTH + WELLBEING**

Sunday 16 March

Т	hroughout the festival	ParkRun
٧	Vednesday 5 March	Aqua Fitness and Morning Tea
٧	Vednesday 5 March	Qi Gong Tai Chi
٧	Vednesday 5 March	Fun Fest hosted by the NCCCA
٧	Vednesday 5 March	Magnificent Mandalas
Т	hursday 6 March	Chair Yoga with Cynthia
Т	hursday 6 March	Senior Armed Forces Members Brew
F	riday 7 March	Hearing Australia Pop Up
Т	hursday 13 March	Chair Yoga with Cynthia
F	riday 14 March	Hearing Australia Pop Up
F	riday 14 March	Seniors Showcase

Wollombi Cultural Centre

HISTORY + HERITAGE			
Monday 3 March	Chelmsford Hotel: a history chat		
Tuesday 4 March	Art of Tea with Sarah		
Thursday 6 March	Sir Edgeworth David Museum Open Day		
Monday 10 March	Neath Hotel: a history chat		
Sunday 16 March	Sir Edgeworth David Museum Open Day		
CLUBS + SPECIAL INTER	EST		
Throughout the Festival	Classic Timeless Elegance High Tea		
Throughout the Festival	In the Loop		
Throughout the Festival	Cuppa Club		
Throughout the Festival	Ukulele Group		
Monday 3 March	Free Tech Help		
Tuesday 4 March	Give Croquet a Go!		
Tuesday 4 March	Stream Movies, TV Shows, Music and More for Free with your Library Card		
Wednesday 5 March	Knitting for Kindness: Trauma Teddy Knitting Group		
Thursday 6 March	Hunter Valley Wine Tasting		
Friday 7 March	Free Tech Help		
Friday 7 March	Tech Savvy Seniors – Apple iPhones and iPads		
Friday 7 March	Campbell Lifestyle Estate Open Day		
Saturday 8 March	Senior's Soiree		
Monday 10 March	Free Tech Help		
Monday 10 March	Cessnock Men's Shed and Garden BBQ		
Tuesday 11 March	Stream Movies, TV Shows, Music and More for Free with your Library Card		
Wednesday 12 March	inVOLved – Volunteer Expo & Morning Tea		
Wednesday 12 March	Time to Shine: Employment Opportunities for over 55's Afternoon Tea		
Wednesday 12 March	Intergenerational Skill Building Workshop		
Thursday 13 March	Dying to Know with Creightons		
Friday 14 March	Free Tech Help		
Friday 14 March	Tech Savvy Seniors – Android Phones and Tablets		
Friday 14 March	Breakfast at Kurri Kurri Aquatic Centre		
Friday 14 March	Living Life to the Fullest: Embrace the Golden Years		
Saturday 15 March	Herstories Author Talk: Paula Beavan, Tea Cooper, Cathryn Hein		

# THROUGHOUT THE FESTIVAL THE FESTIVAL

#### **Classic Timeless Elegance High Tea**

Daily 11.30am-3.30pm

voco Kirkton Park 336 Oakey Creek Road, Pokolbin 4998 7680



Enjoy a delicate, elegant and discounted high tea in the Hunter Valley. A special offer for Seniors Festival. Our decadent high tea in the Hunter Valley is served in our sun-filled Conservatory and charming Locavore Restaurant, boasting views of the rose garden and Brokenback Ranges cascading in the distance. Sample delicious treats, French pastries, fresh scones and finger sandwiches made from regional ingredients. Perfect in any season for any occasion. Make afternoons sweeter in the Hunter with a stylish high tea at voco Kirkton Park Hunter Vallev.











#### In the Loop

Wednesdays 10am-12pm

**Cessnock Library 65-67 Vincent Street, Cessnock** 

For more information phone Cessnock Library 4993 4399

Join this friendly knitting and crochet drop-in group who meet at Cessnock Library. No experience is necessary and new knitters are welcome.









#### **Seniors Portraiture Photography** Exhibition

Monday-Friday 9am-4.30pm Saturday 10am-2.30pm

Performance Arts Culture Cessnock (PACC) 198 Vincent Street, Cessnock

For more information phone 4993 4266

Come and visit the Exhibition Space at PACC. Experience the Seniors Portraiture Exhibition and browse the gift shop.









#### **Cuppa Club**

Thursdays 10am-1pm

**CWA Rooms** 161 Vincent Street, Cessnock

For more information phone Meredith 0417 271 134

Enjoy a Devonshire tea in a friendly atmosphere. Engage in chats or learn to knit or crochet. Bring someone along to socialise.











# THE FESTIVAL

# THROUGHOUT THROUGHOUT THE FESTIVAL



### Marthaville Arts and Cultural Centre

Thursdays, Fridays & Saturdays 10am-2pm

Marthaville Arts and Cultural Centre 200 Wollombi Road, Cessnock

For more information phone 0403 161 511

Visit the lovely centre with an extensive range of local arts and crafts on display and for sale.







#### **ParkRun**

Saturdays 8am-12pm

St Philips Christian College 10 Lomas Lane, Nulkaba

For more information email nulkaba@parkrun.com

Come and join us for a free, fun and friendly weekly 5k community event. Walk, jog, run, volunteer or spectate - it's up to you!





To register visit parkrun.com.au/register/eventName=nulkaba



Please contact for access information



Kurri Kurri Library

253 Lang Street, Kurri Kurri

For more information phone Kurri Kurri Library 4937 1638

Let there be Uke! Did you know Cessnock City Libraries have ukuleles for loan? Head to Kurri Kurri Library to borrow one and join in the fun of he Library's Ukulele Club at 1pm on Friday afternoons. All skill levels are welcome, from beginner to virtuoso. Come along and be part of the ukulele revival.





















#### Free Tech Help

10am-12pm

**Kurri Kurri Library** 253 Lang Street, Kurri Kurri

For more information phone Kurri Kurri Library 4937 1638

Need help with your computer, tablet or smartphone? Book a 30-minute help session for individual support for tech issues and set-up of library eResources.

Book under 'What's On' at cessnock.nsw.gov.au/libraries or call Cessnock Library on 4993 4399 or Kurri Kurri Library on **4937 1638** 

#### **Exhibition Opening** 1pm-2pm

**Seniors Portraiture** 

**Performance Arts Culture Cessnock** 198 Vincent Street, Cessnock

For more information phone Jessica Elliott 4993 4159

Join us for tea, coffee and cake to officially open the Seniors Portraiture Photography Exhibition. Shot at Performance Arts Culture Cessnock in March 2024, this exhibition celebrates 12 local seniors who have contributed greatly to their families and our community.









#### **Chelmsford Hotel: a** history chat

10.30am-12.30pm

**Chelmsford Hotel** 126 Lang Street, Kurri Kurri

For more information phone Kimberly O'Sullivan 4993 4383

Book under 'What's On' at cessnock.nsw.gov.au/libraries or call Cessnock Library on 4993 4399 or Kurri Kurri Library on 4937 1638







Contact the Pub for access information



The Chelmsford Hotel is known for its hairy festival Mulletfest, but there is more to this prominent hotel which sits at the top of the hill in Kurri Kurri. In 1905 the first picture theatre in our region was built at the back of the Hotel, it showed silent films and was a hit. What other stories does the Chelmsford have? Come and find out from our Local Studies Librarian. Kimberly O'Sullivan.

#### **Give Croquet** a Go!

9am-11.30am

**Cessnock Croquet Clubhouse** 19 Wine Country Drive, Cessnock (located in the grounds of Calvary **Retirement Community)** 

For more information phone Vicki 0425 355 492 or George 0402 016 752











Contact the club for access information

Croquet is a wonderful way of socialising whilst enjoying a moderate form of exercise and is suitable for both men and women of all ages. Come along and try your hand at a game (all equipment provided) and enjoy morning tea and a friendly chat afterwards.



### **Stream Movies, TV** Shows, Music and More for Free with **your Library Card**

10am-11.30am

**Kurri Kurri Library** 253 Lang Street, Kurri Kurri

For more information phone Kurri Kurri Library 4937 1638

Did you know that you can access movies, TV shows and music for free with your library card? Are you tired of spending money on streaming services? Discover the power of free streaming with your library card! Join us for an informative workshop that will show you how to access these resources and find the perfect content for you.





Book under 'What's On' at cessnock. **nsw.gov.au/libraries** or call Cessnock Library on **4993 4399** or Kurri Kurri Library on **4937 1638** 









#### **Cessnock City Singers** 'Singing for Pleasure'

10.15am-11.45am

Performance Arts Culture Cessnock, in the fover 198 Vincent Street, Cessnock

Lyndle 0457 130 990 Greg 0412 690 790

**ESDAY 4 MARCH** 

Our choir, conducted by Noelene Hafey and accompanied by Delma Whyte on piano and Greg Gilmour on guitar, will entertain with a selection of songs about animals as well as some favourite Scottish sonas. We encourage the audience to join in when they hear some of these well-known songs.









#### **Art of Tea with** Sarah

2pm-3pm

**Cessnock Library 65-67 Vincent Street, Cessnock** 

For more information phone Cessnock Library 4993 4399



Five thousand years of history, one plant, and so many varieties...Join local tea expert, Sarah Noble for this Art of Tea workshop where you will learn all about the different types of teas, tea blending and the art of the perfect brew. Discover the diversity of aromas, textures, and flavours of tea and taste a variety of teas.

Book under 'What's On' at cessnock. nsw.gov.au/libraries or call Cessnock Library on 4993 4399 or Kurri Kurri Library on **4937 1638** 











## **Aqua Fitness and Morning Tea**

9.30am-11.30am

Kurri Kurri Aquatic and Fitness Centre Boundary Street, Kurri Kurri

Phone 4937 1362

Join us for an Aqua fitness class, followed by morning tea.

Book on **4937 1362** or email **kkafcenquiries@belgravialeisure.com.au** 







**EDNESDAY 5 MARCH** 









### Qi Gong Tai Chi

9.50am-11am

Ben Ean 119 McDonalds Road, Pokolbin

For more information phone Lyndall on 0418 486 596 or email lyndall.mckie@gmail.com



Come along and try Qi Gong Tai Chi, a centuries-old practice that calms the mind and strengthens the body. Qi Gong Tai Chi involves gentle movements which incorporate mental focus, breathing and relaxation. It can be practiced while walking, standing or sitting, making it perfect for those with limited movement. Suitable for all ages, no experience needed.











## Fun Fest hosted by the NCCCA

10am-2pm

**EDNESDAY 5 MARCH** 

NCCCA Ted Jackson Centre (Opposite Aldi) 196 Wollombi Road, Cessnock

For more information contact Chloe 4019 9720 or email chloe.harris@nccca.com.au The Fun Fest is an exciting annual event designed to celebrate and honour the senior members of our community. It is a heart-warming and inclusive gathering that promises activities and attractions, entertainment, social interaction, and community spirit. The event will include information sessions, market stalls, art and crafts. The Cessnock Lions Club will have a sausage sizzle and morning tea will also be available. Service NSW will host a stall and information session, offering seniors valuable resources and assistance.

Information sessions will be held during the day by different groups offering seniors valuable resources and assistance.









#### **Magnificent Mandalas**

10am-11.30am

**Branxton Community Hall** 35 Bowen Street, Branxton

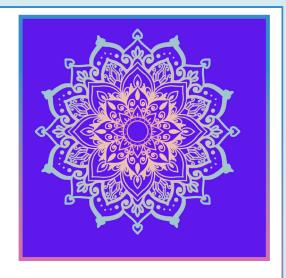
For more information phone Cessnock Library 4993 4399

#### 2pm-3.30pm

**Kurri Kurri Library** 253 Lang Street, Kurri Kurri

For more information phone Kurri Kurri Library 4937 1638

Join Valerie from Maude's Madhouse and learn to create magnificent and delicate Mandala designs. This workshop is perfect for everyone - no experience necessary and all materials will be provided. With Valerie's guidance and instruction, you will be amazed at the beautiful mandala vou create. Don't miss out on this creative and unique experience!





Book under 'What's On' at cessnock.nsw.gov.au/libraries or call Cessnock Library on 4993 4399 or Kurri Kurri Library on 4937 1638









#### **Knitting for Kindness: Trauma Teddy Knitting Group**

10am-12pm

**EDNESDAY 5 MARCH** 

**Kurri Kurri Library** 253 Lang Street, Kurri Kurri

For more information phone Kurri Kurri Library 4937 1638



Would you like to help knit (or crochet) some teddies which are given to children to comfort them in times of sadness or crisis? Why not come along to our Red Cross Trauma Teddy Knitting group for some 'bear repair', morning tea and a friendly conversation. Non-knitters are welcome to come and help sew and stuff the knitted skins too.













### **Sir Edgeworth David Museum Open Day**

10am-2pm

**Abermain School of Arts Cnr Orange Street and Cessnock** Road, Abermain

Lexie 0409 452 555 or Peter 0439 189 743

Come along to an Open Day and BBQ at the historic Sir Edgeworth David Memorial Museum. The museum houses an extensive collection of hardcopy documents, books, photos, artefacts and memorabilia that captures the rich history and culture of the Northern Coalfields. Enjoy the hospitality of our passionate volunteer members, a free BBO and guided tours of the museum.









### **Chair Yoga with Cynthia**

10.30am-11.30am

**Cessnock Library 65-67 Vincent Street, Cessnock** 

For more information phone Cessnock Library 4993 4399

Chair yoga is a gentle form of the practice that can be done by anyone, regardless of their fitness level. Research shows yoga is linked to decreased levels of stress, anxiety and depression, lowered cholesterol and blood pressure. improved energy, better sleep quality and less pain. Chair voga can provide muscle relief and improve circulation, balance, mood and mental wellbeing. These sessions will be delivered by Cynthia. No special yoga clothes are required unless you prefer active wear.





Book under 'What's On' at cessnock.nsw.gov.au/libraries or call Cessnock Library on 4993 4399 or Kurri Kurri Library on 4937 1638













#### **Senior Armed Forces Members Brew**

10.30am-12.30pm

**Branxton Community Hall** 35 Bowen Street. Branxton

For more information phone Helen 0427 047 024







We are pleased to extend a warm invitation to all senior armed forces members to join us for a delightful morning tea. This is an opportunity to connect with fellow veterans and share the unique stories that enrich our shared experiences. This event provides a friendly platform for storytelling and camaraderie. Whether you have served in different branches of the military or have been involved in various missions, your experiences add to the rich tapestry of our history as a community.



To book phone Helen Scott on **0427 047 024** 

#### **Hunter Valley** Wine Tasting

2.30pm-3.30pm

**Hunter Valley Information Centre** 455 Wine Country Drive, Cessnock

For more information phone 4993 6700

Sit back and relax whilst you enjoy a delightful afternoon with the Stav N Sip team. This will include tasting of seven Hunter Valley Wine Varieties, a cheese platter and honeycomb.



**URSDAY 6 MARCH** 









Limit of 30 participants. Please phone the Hunter Valley Visitor Information Centre **4993 6700** to reserve your place

#### **Hearing Australia** Pop Up

9.30am-12.30pm

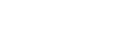
**Cessnock Library** 65-67 Vincent Street, Cessnock

For more information phone Cessnock Library 4993 4399

Come along for a quick, free hearing check conducted by Hearing Australia at the Library.









Book under 'What's On' at cessnock.nsw.gov.au/libraries or call Cessnock Library on 4993 4399 or Kurri Kurri Library on 4937 1638











**Tech Savvy Seniors** 



10am-12pm

**Cessnock Library** 65-67 Vincent Street, Cessnock

For more information phone Cessnock Library 4993 4399

Need help with your computer, tablet or smartphone? Book a 30-minute help session for individual support for tech issues and set-up of library eResources.

Book under 'What's On' at cessnock.nsw.gov.au/libraries or call Cessnock Library on 4993 4399 or Kurri Kurri Library on **4937 1638** 

#### 10am-12pm

and iPads

**Kurri Kurri Library** 253 Lang Street, Kurri Kurri

- Apple iPhones

For more information phone Kurri Kurri Library 4937 1638

Come join us for a hands-on workshop where we'll show seniors how to make the most out of their Apple iPhones and iPads!











Book under 'What's On' at cessnock.nsw.gov.au/libraries or call Cessnock Library on **4993 4399** or Kurri Kurri Library on **4937 1638** 

#### **Arts and Crafts Displays**

10am-2pm

**Calvary Retirement Community, Multipurpose Centre** 19 Wine Country Drive, Cessnock

For more information phone 0435 785 089 or 4993 9000

Showcase of arts and crafts made by our residents. Small workshops on crafts of interest will be provided. Items will also be available for purchase on the day. Additionally, a Coffee Van will be on-site for those wanting to buy a caffeine hit and the kiosk will be open for those who would like to buy meals.









# THE EVENTS

# **EVENTS**

### **Campbell Lifestyle Estate Open Day**

11am-4pm

**Campbell Lifestyle Estate** by Lincoln Place **64 Ferguson Street. Cessnock** 

For more information phone Steve 0405 800 081 or stevebowmaker@lincolnplace.com.au









С

Join us for an Open Day at Campbell Lifestyle Estate! This free event is the perfect chance to explore our vibrant community and discover the benefits of land lease living.

Enjoy complimentary refreshments, try lawn bowls, browse market stalls, and chat with our friendly residents. Our team will be available to answer questions, and you can tour our stunning display homes to imagine your future in a comfortable, convenient community.

Whether you're looking for a new home or just want a fun day out, there's something for everyone at Campbell Lifestyle Estate. We can't wait to welcome you!

Bookings not essential but preferred

To book email:

info@lincolnplace.com.au or fill out a form at lincolnplace.com.au

#### **Senior's Soiree**

2pm-4pm

**ATURDAY 8 MARCH** 

**Branxton Community Hall** 35 Bowen Street, Branxton

For more information phone Helen 0427 047 024

Helen Scott is excited to host the second edition of the Seniors Soiree in celebration of Seniors Festival. This event honors the elderly and their invaluable contributions to society. Known for her warm personality, Helen has carefully planned every detail to ensure a memorable experience for all. With luxurious décor and delightful music, the ambiance will exude elegance. offering the perfect setting for seniors to gather and enjoy the occasion. The Seniors Soiree promises to be a delightful celebration of the wisdom and beauty of ageing.



Ticket price to go towards Miss Jade's Scholarship Fund







#### **Felt Art with Julija**

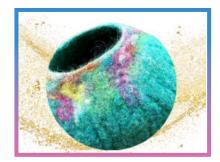
10am-12pm

**Kurri Kurri Library** 253 Kang Street, Kurri Kurri

For more information phone Kurri Kurri Library 4937 1638

In this two hour workshop, you will craft your own elegant, original and artistic creation out of wool fibres with local felt artist Julija.

Book under 'What's On' at cessnock.nsw.gov.au/libraries or call Cessnock Library on 4993 4399 or Kurri Kurri Library on **4937 1638** 













### Wollombi **ND SUNDAY Cultural Centre**

10am-4pm

2892 Wollombi Road, Wollombi www.wollombi.org

Visit the Little Yengo Gallery, with a range of Aboriginal artworks and artefacts on display and for sale. The Old Fireshed Gallery will also be open with its monthly exhibition.











#### **Open Day at Marthaville**

10am-2pm

**Marthaville Arts and Cultural Centre** 200 Wollombi Road, Cessnock

Come join us for tea, coffee, slice and a chat. Free entertainment will be provided. There will also be a 100 club at a cost of \$2 per ticket with lots of prizes on offer. Please come and enjoy a day with us



Everyone welcome, but bookings for groups of four and over would be appreciated

For more information or to book phone Judith on 4990 6119 or Vicki on 0418 250 887







### **Neath Hotel: a** history chat

10.30am-12.30pm

**Neath Hotel** 28 Cessnock Road, Neath

For more information phone Kimberly O'Sullivan 4993 4383











Neath Hotel is a prominent landmark in the town, completed in 1914. Not long after it was opened local miner Harry Littlefair enlisted to serve in the military during World War I. He left his miner's lamp behind the hotel's bar vowing to return. Harry was killed in France and his body has never been found. His lamp still sits in the hotel and is lit every ANZAC Day. Come and hear more stories of Neath Hotel from our Local Studies Librarian, Kimberly O'Sullivan.

Book under 'What's On' at cessnock. nsw.gov.au/libraries or call Cessnock Library on **4993 4399** or Kurri Kurri Library on **4937 1638** 

Contact the Pub for access information

ONDAY 10 MARCH











#### Free Tech Help

10am-12pm

Kurri Kurri Library 253 Lang Street, Kurri Kurri

For more information phone Kurri Kurri Library 4937 1638

Need help with your computer, tablet or smartphone? Book a 30-minute help session for individual support for tech issues and set-up of library eResources.

Book under 'What's On' at cessnock.nsw.gov.au/libraries or call Cessnock Library on 4993 4399 or Kurri Kurri Library on **4937 1638** 

#### Cessnock Men's **Shed and Garden BBO**

11am-1pm

Cessnock Men's Shed and Garden 19 Wine Country Drive, Cessnock (located in the grounds of Calvary **Retirement Community)** 

For more information phone Col on 0407 003 280. Peter on 0422 336 367 or email info@cmsg.org.au









Come and enjoy a free BBQ and find out how you can get involved with the Cessnock Men's Shed and Garden. Take part in woodworking, metalwork and horticulture. The more the merrier, so bring your partner to experience how we also focus on the mental health of our members.



#### Free Arts Lecture by **ArtsNational Hunter**

7pm-8pm

Performance Arts Culture Cessnock 198 Vincent Street, Cessnock

For more information email members@artsnationalhunter.org.au

Celebrate Seniors Festival with a free educational lecture by ArtsNational Hunter. Come and enjoy an education lecture by an experienced arts professional, aiming to inspire creativity and provide a meaningful cultural experience for seniors in our community.



To book email **members@** artsnationalhunter.org.au









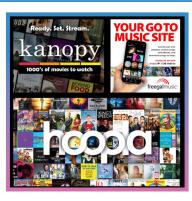
#### **Stream Movies, TV** Shows, Music and More for Free with your Library Card

10am-11.30am

**Cessnock Library** 65-67 Vincent Street. Cessnock

For more information phone Cessnock Library 4993 4399

Did you know that you can access movies. TV shows and music for free with your library card? Are you tired of spending money on streaming services? Discover the power of free streaming with your library card! Join us for an informative workshop that will show you how to access these resources and find the perfect content for you.





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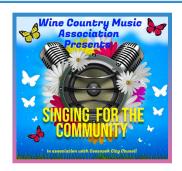
#### **Wine Country Seniors Festival Concert**

10.30am-12.30pm

Performance Arts Culture Cessnock 198 Vincent Street Cessnock

For more information phone Ken on 0487 185 918 or email footloosestudios@bigpond.com

Wine Country Music Association is a community group of like-minded musicians, performers and folks who share the love of music. We are more than Country Music Artists. We are a multi-genre club for popular music. Our monthly concerts at our home Club. East Cessnock Bowling Club. are on the second Sunday of each month. Come along for some great entertainment. See our Facebook page for more information.











To book visit mypacc.com.au

#### **Fat Elvis**

**ESDAY 11 MARCH** 

**ESDAY 11 MARCH** 

5.30pm-6.30pm

Kurri Kurri Library 253 Lang Street, Kurri Kurri

For more information phone Kurri Kurri Library 4937 1638



Fat Elvis (aka Chris Kelly from Newcastle clown troupe Ship O Fools) is an enormously popular character. Loved by Novocastrians and beyond, he will rove through the crowd serenading in his pure white and heavily bejewelled jumpsuit. He also dons authenticlooking Elvis glasses and hair do! Plenty of humour comes off-the-cuff at the same time as he uses his musical, circus and magic skills to entertain.

Book under 'What's On' at cessnock.nsw.gov.au/libraries or call Cessnock Library on 4993 4399 or Kurri Kurri Library on 4937 1638



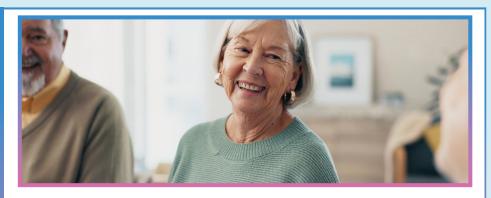






# THE EVENTS

# **EVENTS**



#### inVOLved - Volunteer **Expo & Morning Tea**

10am-11.30am

**Cessnock Leagues Club** Darwin Street, Cessnock in association with Cessnock Business Chamber

For more information email Geoff at gbwalker@bigpond.com













Do you have a bit more time on your hands at the moment and have you been wanting to give back? The Volunteer Expo is a morning tea with a purpose. Although the morning tea is the prime focus it is also an opportunity to informally connect with other seniors, who want to know more about becoming a volunteer and groups/ organisations looking for volunteers.

#### Time to shine: Employment **Opportunities for Over 55's Afternoon Tea**

1pm-3pm

**Cessnock Leagues Club Darwin Street, Cessnock** 

For more information or to book, phone Chrissy **Grainger, Economic Development Officer at** Cessnock City Council on 4993 6775 or email economic.development@cessnock.nsw.gov.au



Join us for a special afternoon tea at Cessnock Leagues Club on Wednesday, 12th March, from 1pm to 3pm. Discover how you can shine in short-term employment opportunities! This session is designed to help those over 55 explore unique side-hustles, supplement their pension, and enhance their health, wellbeing, and community connections. Let's celebrate the wealth of knowledge, skills, and experience that individuals bring to the workforce—age is never a barrier! Explore new pathways for personal growth and supplemented income, all while connecting with others in a welcoming and supportive environment.



**EDNESDAY 12 MARCH** 







# **EVENTS**

# **EVENTS**

#### **Intergenerational Skill Building** Workshop

3.30pm-5.30pm

**Cessnock Youth Centre** 49D Aberdare Road, Cessnock

For more information phone Jessica Elliott 4993 4159

Seniors and young people will be bought together in an engaging and fun workshop to share skills. Activities to include cooking and making a Instagram Reel.





To book phone Jessica Elliott 4993 4159









### **Chair Yoga with Cynthia**

10.30am-11.30am

Kurri Kurri Library 253 Lang Street, Kurri Kurri

For more information phone Kurri Kurri Library 4937 1638

Chair yoga is a gentle form of the practice that can be done by anyone. regardless of their fitness level. Research shows yoga is linked to decreased levels of stress, anxiety and depression, lowered cholesterol and blood pressure. improved energy, better sleep quality and less pain. Chair yoga can provide muscle relief and improve circulation, balance, mood and mental wellbeing. These sessions will be delivered by Cynthia. No special yoga clothes are required unless you prefer active wear.





Book under 'What's On' at cessnock.nsw.gov.au/libraries or call Cessnock Library on 4993 4399 or Kurri Kurri Library on 4937 1638











#### The Bash

11am-3pm

**Greta Workers Club** 2 West Street, Greta

For more information phone Lynette 0421 797 910 or Wendy 0417 657 915

The event will involve entertainment along with lucky door prizes, 100 club and lucky wheel.



Tickets available in person from Lions Club members or by contacting Lynette or Wendy



RSDAY 13 MARCH





## **Dying to Know** with Creightons

1pm-2pm

**Cessnock Library 65-67 Vincent Street, Cessnock** 

For more information phone Cessnock Library 4993 4399

Talking about death is a part of life! Come along to get more information about your choices surrounding end-of-life. Get some tips for starting conversations with the people most important to you about your unique choices and wishes.





Book under **'What's On'** at **cessnock.nsw.gov.au/libraries** or call Cessnock Library on **4993 4399** or Kurri Kurri Library on **4937 1638** 









## **Breakfast at Kurri Kurri Aquatic Centre**

7am-9am

Kurri Kurri Aquatic and Fitness Centre Boundary Street, Kurri Kurri

Phone 4937 1362

Come join us for a yummy breakfast served by our staff.





FRIDAY 14 MARCH

Book on **4937 1362** or email **kkafcenquiries@belgravialeisure.com.au** 







## Hearing Australia Pop Up

9.30am-12.30pm

Kurri Kurri Library 253 Lang Street, Kurri Kurri

For more information phone Kurri Kurri Library 4937 1638

Come along for a quick, free hearing check conducted by Hearing Australia at the Library.



Book under 'What's On' at cessnock.nsw.gov.au/libraries or call Cessnock Library on 4993 4399 or Kurri Kurri Library on 4937 1638









### BOOKINGS







#### **Free Tech Help**

10am-12pm

Cessnock Library 65-67 Vincent Street, Cessnock

For more information phone Cessnock Library 4993 4399

Need help with your computer, tablet or smartphone? Book a 30-minute help session for individual support for tech issues and set-up of library eResources.

Book under 'What's On' at cessnock.nsw.gov.au/libraries or call Cessnock Library on 4993 4399 or Kurri Kurri Library on 4937 1638

# Tech Savvy Seniors - Android Phones and Tablets

10am-12pm

**Cessnock City Library 65-67 Vincent Street, Cessnock** 

For more information phone Cessnock Library 4993 4399



Join us at Cessnock Library for a fun and interactive session tailored for seniors who want to master their Android phones and tablets. Whether you're a beginner or looking to enhance your skills, our friendly instructor will guide you through the ins and outs of these devices. Learn how to navigate settings, download apps, stay connected with loved ones, and so much more! Don't miss out on this opportunity to become a tech-savvy senior!

Book under **'What's On'** at **cessnock.nsw.gov.au/libraries** or call Cessnock Library on **4993 4399** or Kurri Kurri Library on **4937 1638** 









## KL

# Living Life to the Fullest: Embrace Your Golden Years

10am-2pm

**FRIDAY 14 MARCH** 

97 Kesterton Rise, North Rothbury

For more information phone 1300 381 556 or email hello@ greenridgehuntervalley.com.au



Join us for a vibrant day celebrating the lifestyle that awaits you! Experience informative sessions hosted by leading service providers, offering valuable insights into health and wellness options available for your future. Enjoy delicious refreshments as you mingle with fellow attendees and savour the moment. Delight in live music while touring our beautifully designed display homes, each showcasing the potential of a fulfilling lifestyle. Imagine a future filled with joy, health, and community, all while exploring the many services that can enhance your retirement years. Don't miss this opportunity to embrace the good life and envision the exciting possibilities ahead!







#### **Seniors Showcase**

10.30am-1.30pm

Cessnock Uniting Church Hall 4 Cooper Street, Cessnock

For more information phone Anne on 0439 907 211

Local businesses, community groups and activities are represented at tables and able to tell seniors what they have to offer.











#### Felt Art with Julija

10am-12pm

**Cessnock Library 65-67 Vincent Street, Cessnock** 

For more information phone Cessnock Library 4993 4399

In this two hour workshop, you will craft your own elegant, original and artistic creation out of wool fibres with local felt artist Juliia.

Book under 'What's On' at cessnock.nsw.gov.au/libraries or call Cessnock Library on 4993 4399 or Kurri Kurri Library on **4937 1638** 













#### Wollombi **Cultural Centre**

10am-4pm

SUNDAY

2892 Wollombi Road, Wollombi www.wollombi.org

Visit the Little Yengo Gallery, with a range of Aboriginal artworks and artefacts on display and for sale. The Old Fireshed Gallery will also be open with its monthly exhibition.











### **Herstories Author Talk:** Paula Beavan, Tea Cooper, Cathryn Hein

10.30am-12pm

**Kurri Kurri Library** 

253 Lang Street, Kurri Kurri

For more information phone Kurri Kurri Library 4937 1638

Join us at Kurri Kurri Library for an inspiring HerStories author talk featuring Catheryn Hein, Paula Beavan and Tea Cooper. This engaging event promises to be a captivating exploration of storytelling, as these talented writers share their insights and experiences.





Book under 'What's On' at cessnock.nsw.gov.au/libraries or call Cessnock Library on **4993 4399** or Kurri Kurri Library on **4937 1638** 











#### **Sir Edgeworth David Museum Open Day**

10am-2pm

**Abermain School of Arts Cnr Orange Street and Cessnock** Road, Abermain

Lexie 0409 452 555 Peter 0439 189 743

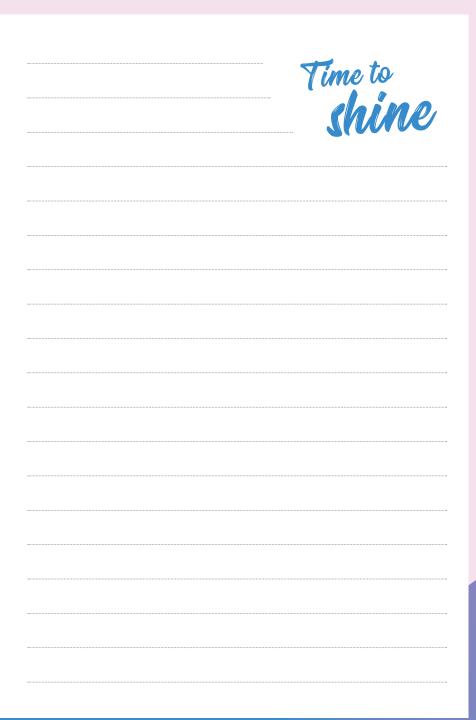
Come along to an Open Day and BBQ at the historic Sir Edgeworth David Memorial Museum. The museum houses an extensive collection of hardcopy documents. books, photos, artefacts and memorabilia that captures the rich history and culture of the Northern Coalfields. Enjoy the hospitality of our passionate volunteer members, a free BBO and guided tours of the museum.











Time to Shine		

Time to <b>Shine</b>

## We would love to hear from you...

How satisfied are you with Seniors Festival overall between 1-5 (with 1 being low satisfaction and 5 being high satisfaction)?							
1	2	3	4	5			
How satisfied are you with the promotion of Seniors Festival? (with 1 being low satisfaction and 5 being high satisfaction)?							
1	2	3	4	5			
	are you with the 1 d 5 being high sa		on offer? (with 1 b	peing low			
1	2	3	4	5			
Are there any events you would like to see included in future Seniors Festival Programs?							
	ke to know more of f Seniors Festival,			nning and			
Name:							
Phone:							
Email:							
Give your feedback by handing into the Customer Service desk at the Council Building 62-78 Vincent St, Cessnock, or taking a photo and sending to council@cessnock.nsw.gov.au							
Privacy Notice							
The information on this form is being collected for the purpose of planning Cessnock Local Government							
Area Seniors Festival. The information collected will be used for the purpose outlined, related administrative							

functions, compliance and complaint handling, internal auditing, and in accordance with Council's Privacy
Management Plan and Privacy Statement which can be found on Council's website
The information is intended for relevant council officers and supplying the information is voluntary. Your
personal information will be kept in Council's Information Management System in accordance with the relevant

legislation. Council's address is 62-78 Vincent Street CESSNOCK NSW 2325.

### **THANK YOU**

to all of our Festival Sponsors. Without your generosity and support this years event would not be possible.

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Kirkton Park Hunter Valley













#### SILVER SPONSORS





### **BRONZE SPONSOR**

Lions Club of Cessnock



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